



Baked Brown Rice

Recipe courtesy Alton Brown, 2005

Prep Time: 5 min
Inactive Prep Time: --
Cook Time: 1 hr 5 min
Level: Easy
Serves: 4 servings



Ingredients

- 1 1/2 cups brown rice, medium or short grain
- 2 1/2 cups water
- 1 tablespoon unsalted butter
- 1 teaspoon kosher salt

Directions

Preheat the oven to 375 degrees F.

Place the rice into an 8-inch square glass baking dish.

Bring the water, butter, and salt just to a boil in a kettle or covered saucepan. Once the water boils, pour it over the rice, stir to combine, and cover the dish tightly with heavy-duty aluminum foil. Bake on the middle rack of the oven for 1 hour.

After 1 hour, remove cover and fluff the rice with a fork. Serve immediately.

Printed from FoodNetwork.com on Sat Mar 13 2010

© 2010 Scripps Networks, LLC. All Rights Reserved